

Dr. Juan Rivera is Univision's Chief Medical Correspondent, one of the most trusted, accurate and appreciated voices on health material in the Hispanic community. Dr. Rivera is also an Internist and Cardiologist, graduated from the prestigious John's Hopkins University and currently has his private practice at Mount Sinai Hospital in Miami Beach, Florida. He was the co-creator and host of the successful show, "Medicina Desconocida," broadcast by Univision, UniMás and Galavisión, in which he traveled around the world researching natural and alternatives cures, many of them used by ancestral cultures. "Strange Medicine," the English version, aired on Fusion (Univision/ABC) and was chosen by Delta Airlines as part of their inflight entertainment.

His commitment to helping the community also led him to create "Reto 28", a 14-day diet plan to lose weight in which a total of 400,000 people participated and which became a successful community initiative of Univision. Dr. Rivera has a monthly column in "People en Español" magazine, he has published extensively in the area of cardiovascular prevention, and serves as a reviewer for most of the major peer-reviewed scientific journals of cardiology.

He is the autor of: "Mejora Tu Salud De Poquito a Poco," "The Mojito Diet," "Santo Remedio," "Curarse Naturalmente," and "Santo Remedio para Mujeres."

Dr. Rivera received the Health Leadership Award by the National Hispanic Medical Association for the help he provides to the entire Latino community.