

## **JONATHAN FISHER, MD FACC**

Dr. Jonathan Fisher is an inspiring speaker and passionate leader committed to healing the heart of healthcare and ending the public health crisis of clinician burnout. A Harvard-trained physician with over 20 years of clinical experience, he has helped thousands of individuals live longer and better lives. Dr. Fisher is a practicing cardiologist and an Organizational Well-Being and Resiliency Program leader for 37,000 healthcare team members at Novant Health. In that role he facilitates leadership training, communication workshops, as well as mindfulness and compassion retreats for healthcare providers and leaders. He is involved in research studying the impact of mindfulness and compassion practice on healthcare delivery. Dr. Fisher also serves as a Medical Director for the Novant Health Cardio-Pulmonary-Oncology Rehabilitation & Wellness Program and helped introduce the first formal mindfulness training programs for patients.

As founder of Mind Heart Now LLC, Dr. Fisher regularly delivers keynotes and workshops on leadership, resilience and well-being for teams and organizations globally including IBM, Bank of America, IE Business School, The American College of Cardiology, along with numerous universities and healthcare organizations. In 2020 he co-founded the Ending Physician Burnout Global Community and organized the world's first global summit dedicated to ending physician burnout. His personal mission is to help others train the mind and heal the heart.